# **Retrospective study of marginal bone change in** 1 year loading of INNO<sup>®</sup> dental implant

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# Abstract

*Introduction*: The marginal bone change of the 1 year panoramic x-rays were evaluated in the platform switching structured INNO<sup>®</sup> dental implant of which the surface is treated with the RBM sandblasting, hyper-thermal acid etching and alkali solution cleaning process.

*Material and Methods*: A total 114 dental implants were evaluated in 47 patients. Patient data was evaluated to acquire implant survival rates, gender, implant diameter, length, extraction socket, loading time, adjacent tooth, opposing tooth and kind of prosthesis. Panoramic X-rays were analyzed for marginal bone loss.

*Results*: 1 year survival rate was 99.3% (1 implant lost at 1 year). A average marginal bone loss was  $0.027 \pm 0.013$  mm in total 142 implants. The marginal bone loss of arches was  $0.018 \pm 0.007$  mm in maxilla and  $0.034 \pm 0.032$  mm in mandible (P>0.05). The bone loss of 8 mm length implant ( $0.025 \pm 0.0009$  mm) was lower than 10 mm length implant ( $0.033 \pm 0.031$  mm) without significant difference(P>0.05). Immediate implant placement ( $0.014 \pm 0.009$  mm) was lower than late placement ( $0.036 \pm 0.024$ mm) in marginal bone loss without significant difference(P>0.05). The site of periodontitis with periapical lesion ( $0.027 \pm 0.017$  mm) was the same as the other site ( $0.027 \pm 0.019$  mm) in marginal bone loss.

*Conclusion*: Within the limitations of this study, we conclude that INNO<sup>®</sup> dental implant have equal survival rates to the others of platform switched implants. Marginal bone loss was low even in the short length implant, immediate implant placement and the socket of periodontitis with periapical lesion, compared to the other clinical results.

Forty years ago, the first dental implant to replace a missing tooth in human oral cavity was reported.<sup>1</sup> It was a sensational break thorough in dentistry as it marked a new era to restore chewing function and aesthetics. The technique of placing titanium oral implants in healed edentulous sites and subsequently restoring the implant with prosthesis has been recognized to be a high predictive treatment for fully and partially edentulous patients. Previously, practitioners allowed a socket healing time of 12 months or longer before placing dental implants to restore an edentulous space.<sup>2</sup> The lag time brought the patient the compromised comfort, function, and aesthetics. In 1978, the first report of a situation, in which the extraction followed by the placement of an implant into the fresh socket at the same appointment, was described as the "Tübingen immediate implant".<sup>3</sup> This method reduced the number of dental appointments, the time of treatment and the number of surgeries required. Short implants (10 mm) are another interesting alternative to avoid difficult tilted implant placement and advanced surgical bone augmentation in atrophic jaws.<sup>4</sup>

The implant-abutment configuration itself is also thought to affect peri-implant remodeling of bone. In so-called platform-switched implants, the diameter of the abutment is less than the diameter of the implant, resulting in a horizontal offset at the top of the implant that separates the crestal bone and the connective tissue from the interface. Early results of these platform switched implants showed no changes in peri-implant bone levels, contrary to standard platform-matched implants.<sup>5</sup> Atieh et al. concluded that marginal bone loss around platformswitched implants was significantly less compared to platform-matched implants (0.021–0.99 mm for platformswitched and 0.101–1.67 mm for platform-matched implants).<sup>6</sup>

Non-microthread collar structure was compared with microthread collar structure in the stress values at the cortical bone and implant-abutment complex in 3D FEA.<sup>7</sup> In this analysis, the stress value in the vertical and horizontal force except to the oblique force was not significant difference between microthread and non-microthread structuresat cortical bone in which the highest bone stresses have been reported to be concentrated.<sup>8</sup> In this study, Panoramic X-rays for the marginal bone change of 1 year loading was evaluated in the non-microthread collar and platform switching structured INNO<sup>®</sup> dental implant of which the surface is treated with the RBM sandblasting, hyper-thermal acid etching and alkali solution cleaning process for hydrophilic macro- and micro-porosity.

#### **Materials and Methods**

A retrospective clinical study was made in the Seoul Implant Clinic, Seoul, Korea between June 2010 and December2013. The patient inclusion criteria were: 1) patients with single missing teeth programmed for restoration with dental implants; 2) partially edentulous patients with free extremities programmed for restoration with dental implants; 3) patients requiring dental implant restoration of the entire dental arch; and 4) patients with sufficient bone width (minimum 6.75 mm)and height (minimum 8.5 mm). The exclusion criteria were: 1) patients with systemic diseases contraindicating any type of surgery; 2) patients receiving or who have received bisphosphonates; 3) patients with active disease of the implant bed (e.g., residual cysts); and 4) patients with

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bone atrophy requiring bone regeneration in both width and height.

The mean age of the patients was 58.5 years with a range from 25 to 73 years. The average loading time was 13.4 months and the shortest time period was 10 months with 8 patients.

A total 114 dental implants were evaluated n 47 patients (21 females with 54 implants and 25 males with 90 implants) in 1<sup>st</sup> Molar (36 implants), 2nd premolar (16 implants), 1<sup>st</sup> premolar (13 implants), 2<sup>nd</sup> molar (9 implants) and the anterior tooth site (3 implants) of the maxilla (76 implants) and the mandible (68 implants). The short 8 mm implant (64 implants) and the longer 10 mm (66 implants) and 12 mm implants (14 implants) of diameter 4 mm (122 implants), 4.5 mm (10 implants), 5 mm (8 implants), 6 mm (2 implants) and 3.5 mm(2 implants) was placed in the healed ridge (112 implants) and the extraction socket (32 implants) which were positioned in the site of adjacent tooth (77 implants) and the teeth (91 implant) and the implant (53 implants) opposed with fixed prosthetics (27 crowns, 41 splinted crown, 3 bridges and 2 full anchorage bridge). The immediate implant placement (46 implants) was done in the sockets of periodontitis with periapical lesion (24 implants). The immediate loading (8 implants) was done in anterior teeth (7 implants) and 1<sup>st</sup> premolar (1 implant)(Table 1).

Table 1.Baseline Characteristics of the patients

Variables	Value				
Mean age (years)	58.5				
Implant position:					
Maxillary					
Ant./P1/P2/M1/M2	4/7/15/28/22				
Mandibular					
Ant./P1/P2/M1/M2	6/4/10/30/18				
Implant Diameter(mm	Implant Diameter(mm):				
3.5/4.0/4.5/5.0/6.0	2/122/10/8/2				
Implant length(mm):					
8/10/12/14	64/66/14/0				
Immediate implant pla	acement position (site of				
periodontitis and peiaj	pical lesion):				
Maxillary					
Ant./P1/P2/M1/M2	3(2)/1(0)/2(0)/9(4)/4(0)				
Mandibular					
Ant./P1/P2/M1/M2	0(0)/1(1)/5(2)/14(11)/7(4)				
Site					
With adjacent tooth	77				
/Without	/67				
Late loading					
Maxillary Ant./P1					
Mandibular	1/0				
Ant./P1					
	6/1				
Prosthesis					
Crown/Splinted	27/41/3/2				
Crown/ Bridge/ Full					
anchorage bridge					
<b>Opposing to site</b>					
Tooth/Implant	91/53				

# Surgical techniques

The INNO<sup>®</sup> dental implant (Cowellmedi, Pusan, Korea)

were placed using the same surgical protocol in all cases. Anesthesia was provided in the form of 2% lidocaine with epinephrine 1:100,000.A crestal incision was made with the raising of a full thickness mucoperiosteal flap. The surgical zone was subjected to curettage before the drilling phase, according to the recommendations of the manufacturer. The drill speed was reduced from 1200 to 60 rpm as the drill diameter was increased in order to reduce heating of the bone at the implant site. Drilling was carried out under irrigation with saline solution, and the implant was placed with a 25 rpm and 45N of torque. The space between extraction socket wall and implant was filled with CowellBMP® bone graft (Cowellmedi, Pusan, Korea) which are composed of the rhBMP-2 and HA/TCP biphasic particles. Suturing was carried out with 4/0 silk. All surgeries were completed in two staged surgery, except to immediate loading. A standard nonsubmerged healing abutment was used. All implants were loaded in the conventional healing period after implant placement. Panoramic X-rays (Vatec, Anseong, Korea) were made at the appointment of before surgery, after surgery and 3, 6, 12 months after loading (Figure 1).

#### Image analysis

Panoramic X-rays were analyzed with Easydent viewer version 4.5 software (Vatec, Anseong, Korea). Two reference points were marked on the top of implant

Figure 2. Reference point of measurement



surface and the first contact point with bone at the mesial and distal side of implant. The measurement between two points was calculated to a average value. The differences between the values of the first measurement (after implant placement) and those of the second (12 months after loading) were used to establish marginal bone loss (Figures 2). The vertical bone increase of the bone graft in extraction socket is measured to 0 mm change value (Figures 3).

#### Statistical analysis

The data were processed using the SPSS version 17.0 statistical package (SPSS Inc., Chicago, IL, USA) for Microsoft Windows. The Student t-test was used for the comparative analysis.

## Results

#### Implant survival

Two of 144 INNO<sup>®</sup> dental implants were lost at 2<sup>nd</sup> molar, resulting in a survival rate of 98.2%. All 2 implants were lost after loading, one in the maxilla and one in the mandible.

Figure 3. Vertical bone increase in socket



#### Marginal bone change

A average marginal bone loss was 0.027± 0.0138 mm in total 142 implants. The marginal bone loss of arches was  $0.018 \pm 0.007$  mm in maxilla and  $0.034 \pm 0.032$  mm in mandible (P>0.05). The marginal bone loss of tooth position was 0.08  $\pm$  0.078 mm in 2 nd premolar, 0.029  $\pm$ 0.012 mm in  $1^{st}$  molar and 0.007± 0.001mm in  $2^{nd}$ molar(P>0.05). The bone loss of 8 mm length implant (  $0.025 \pm 0.0009 \text{ mm}$  ) was lower than 10 mm length implant (  $0.033 \pm 0.031$  mm ) without significant difference(P>0.05). Immediate implant placement ( 0.014  $\pm$  0.009 mm ) was lower than late placement (0.036  $\pm$ 0.024mm ) in marginal bone loss without significant difference(P>0.05). The site of periodontitis with periapical lesion  $(0.027 \pm 0.017 \text{ mm})$  was the same as the other site  $(0.027 \pm 0.019 \text{ mm})$  in bone loss. Teeth adjacent Implant did not affect on bone loss (implant adjacent to tooth:  $0.020 \pm 0.011$  mm vs. implant without

Table 2.marginal	bone	loss in	baseline	characteristics

tooth:  $0.033 \pm 0.028$  mm). Immediate loading (0.018 ± 0.001 mm) in anterior teeth was not a factor of bone loss, compared with conventional loading in the other site(0.026 ± 0.019mm). Implant supported prosthesis opposed implant (0.042 ± 0.019 mm) was not good, compared with tooth opposed implant (0.017 ± 0.018 mm), but there was not a significant difference. (Table 2)

### Discussion

#### Implant survival

Survival was defined as implants remaining in site at the follow-up examinations, irrespective of their conditions. Failure was defined as implants that were lost after immediate implant placement. The survival rate of one year follow-up in 73 implants with platform switching connection was reported to 98.3 %.<sup>9</sup> Two of 144The INNO<sup>®</sup> dental implants were lost at 2<sup>nd</sup> molar, resulting in

Variable	Marginal bone loss (mm)	P value
Implant position		
Maxillary/ mandibular	$0.018 \pm 0.007 / 0.034 \pm 0.032$	0.24
P2/M1/M2	$0.08{\pm}0.078/~0.29{\pm}0.012/~0.007{\pm}0.001$	0.15
Implant length(mm)		
8/10	0.025±0.0009/ 0.033±0.031	0.38
Implant placement		
Immediate / Late	0.014±0.009/ 0.036±0.024	0.19
Site of periodontitis		
With periapicallesion/ the others	0.027±0.017/ 0.027±0.019	0.49
Adjacent tooth		
With/ Without	0.020±0.011/ 0.033±0.028	0.28
Loading		
Immadement/ conventional	$0.18 \pm 0.001 / 0.026 \pm 0.019$	0.43
Opposing		
Tooth / Implant	0.017±0.018/ 0.042±0.019	0.14

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a survival rate of 98.2%. The survival rate of two studies was the same. One of two failed implants were placed in the soft bone of maxillary tuberosity, the other one in extraction socket of mandibular 2<sup>nd</sup> molar with the limited vertical bone due to the periodontitis with apical lesion. These implants were not supported by the proper bone quality and bone quantity.

# Implant survival of immediate implantation in extraction socket

Clementini et al. (2013) concluded that Success rates for implants placed using a simultaneous approach ranged from 61.5% to 100%; success rates for implants placed using a staged approach ranged from 75% to 98% in 13 studies.<sup>10</sup> Lang et al. (2012) concluded that the annual failure rate of immediate implants was 0.82% (95% CI: 0.48-1.39%), translating into the 2-year survival rate of 98.4% (97.3-99%) after implant placement in a total of 46 prospective studies.<sup>11</sup> In this study, one of 46 implant was failed in the average 13.4 months after implant loading and the survival rate was 97.82 %. For comparison of this survival rate and the conclusion of Lang et al., the period of follow-up was estimated to 18.6 months after implant placement. Our survival rate 97.82 % coincided in the 2 year survival rate (97.3–99%) after implant placement.

#### Marginal bone change

In the review of Atieh et al. (2010), the average marginal bone loss around platform-switched implants of one year follow-up was 0.021–0.99 mm.<sup>6</sup> Proper et al. reported the marginal bone loss of 1 year follow-up was average 0.021 mm in randomized prospective multicenter trial.<sup>12</sup> In this

study, the marginal bone loss was  $0.027\pm0.013$  mm in total 142 implants in one year follow-up. This result was the same as the result of study of Proper et al. which recorded the minimal bone loss in all clinical studies.

#### Marginal bone change of short 8 mm length implant

Draenert et al. concluded that short implants with a length of 9 mm or less have equal survival rates compared with longer implants in mandibular arch over the observation period of 1–3 years.<sup>13</sup> In our study, the bone loss of 8 mm length implant ( $0.025 \pm 0.0009 \text{ mm}$ ) was lower than 10 mm length implant ( $0.033 \pm 0.031 \text{ mm}$ ) without significant difference (P>0.05). These two studies coincided in the marginal bone loss.

The marginal bone loss, according to arches was  $0.018 \pm 0.007$  mm in maxilla and  $0.034 \pm 0.032$  mm in mandible (P>0.05). Mandible was higher than mandible without significant difference. Marginal bone loss might to be increased in dense cortical bone of mandible.

The marginal bone loss of tooth position was  $0.08 \pm 0.078$  mm in 2nd premolar,  $0.029 \pm 0.012$  mm in 1<sup>st</sup> molar and  $0.007 \pm 0.001$ mm in 2<sup>nd</sup> molar (P>0.05). The narrow ridge in premolar could be lost in thin buccal wall of ridge. But there were not the significant difference in implant position.

Immediate implant placement  $(0.014 \pm 0.009 \text{ mm})$  was lower than late placement  $(0.036 \pm 0.024 \text{ mm})$  in marginal bone loss without significant difference (P>0.05). The regenerated bone of space between socket wall and implant with rhBMP-2 bone graft could support the implant without difference of natural bone.

The periodontitis with periapical lesion (0.027  $\pm$  0.017

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mm) was not the handicapped site for support implant compared to the other site  $(0.027 \pm 0.019 \text{ mm})$  in bone loss. Teeth adjacent Implant did not affect on bone loss (implant adjacent to tooth:  $0.020 \pm 0.011 \text{ mm}$  vs. implant without tooth:  $0.033 \pm 0.028 \text{ mm}$ ). Immediate loading  $(0.018 \pm 0.001 \text{ mm})$  in anterior teeth was not a factor of bone loss, compared with conventional loading in the other site  $(0.026 \pm 0.019 \text{ mm})$ . Implant supported prosthesis opposed implant  $(0.042 \pm 0.019 \text{ mm})$  was not good, compared with tooth opposed implant (  $0.017 \pm$ 0.018 mm), but there was not a significant difference.

## Conclusion

Within the limitations of this study, we conclude that INNO<sup>®</sup> dental implant have equal survival rates to the others of platform switched implants. Marginal bone loss was low even in the short length implant, immediate implant placement and the socket of periodontitis with periapical lesion, compared to the other clinical results.

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